

Sheet1

2017 Big Island Road Runners Mana 10-Mile Results

| Men               | Time    | Women               | Time    |
|-------------------|---------|---------------------|---------|
| 1 Sam Gibson      | 1:09:21 | Bree Wee            | 1:08:33 |
| 2 Shawn Mishler   | 1:16:38 | Noe McMahon         | 1:10:40 |
| 3 Adam McGhee     | 1:18:30 | Sylvia Ravaglia     | 1:18:11 |
| 4 Jeff Richardson | 1:29:49 | Sally Marrack       | 1:24:35 |
| 5 Art Harvey      | 1:29:50 | Laura Harvey        | 1:25:23 |
| 6 James Young     | 1:39:57 | Michelle Suber      | 1:28:41 |
| 7 Joe Loschiavo   | 1:53:51 | Cary Aurand         | 1:33:37 |
| 8 Les Martisko    | 1:58:29 | Julia Scharwaechter | 1:35:09 |
| 9                 |         | Tonya Rude          | 1:36:13 |
| 10                |         | Darcy May           | 1:36:15 |
| 11                |         | Patricia Kassis     | 1:38:58 |

2017 Big Island Road Runners Mana 10k Results

| Men              | Time    | Women               | Time    |
|------------------|---------|---------------------|---------|
| 1 Cody Ranfranz  | 39:30   | Lauren Fog          | 43:41   |
| 2 John Marrack   | 42:45   | Keely McGhee        | 45:16   |
| 3 Adam Ankrum    | 44:49   | Laura Ankrum        | 49:27   |
| 4 Danilo Padilla | 47:45   | Katie Svenson       | 50:56   |
| 5 Alex Wood      | 49:04   | Sam Marrack         | 52:30   |
| 6 Mike Kelly     | 49:35   | Zina Mercil         | 53:35   |
| 7 Alex Velazquez | 53:01   | Amy McDavid         | 56:53   |
| 8 Justin Kahn    | 54:09   | Dina Strittmatter   | 57:29   |
| 9 Bob Ranfranz   | 54:32   | Whitney Harvey      | 57:30   |
| 10 Nathan West   | 57:15   | Danielle Desanctis  | 58:11   |
| 11 Fred Wawner   | 58:01   | Kendra Ignacio      | 58:20   |
| 12 Desmond Acol  | 58:19   | Jennifer Richardson | 58:28   |
| 13 Kevin Lannen  | 58:57   | Kelly Hudik         | 58:56   |
| 14 Michael Traub | 1:01:23 | Crystal Hirst       | 59:41   |
| 15 Mark Ravaglia | 1:08:43 | Audrey Bonfig       | 1:01:23 |
| 16 David Cobb    | 1:12:42 | Yuko White          | 1:02:54 |
| 17 Don Choquette | 1:33:22 | Amanda Charles      | 1:03:36 |
| 18 Bob Wedeman   | 2:00:51 | Faith West          | 1:05:20 |
| 19               |         | Niki Brown          | 1:06:08 |
| 20               |         | Kate Nawahine       | 1:06:49 |
| 21               |         | Tiffany Ravaglia    | 1:08:42 |
| 22               |         | Keri Riedel         | 1:09:26 |
| 23               |         | Wendy Minor         | 1:24:18 |
| 24               |         | Kathy Hammes        | 1:27:52 |
| 25               |         | Sheryl Cobb         | 1:33:19 |
| 26               |         | Teresa Pappas       | 1:38:03 |
| 27               |         | Shelly Zebedee      | 2:00:50 |